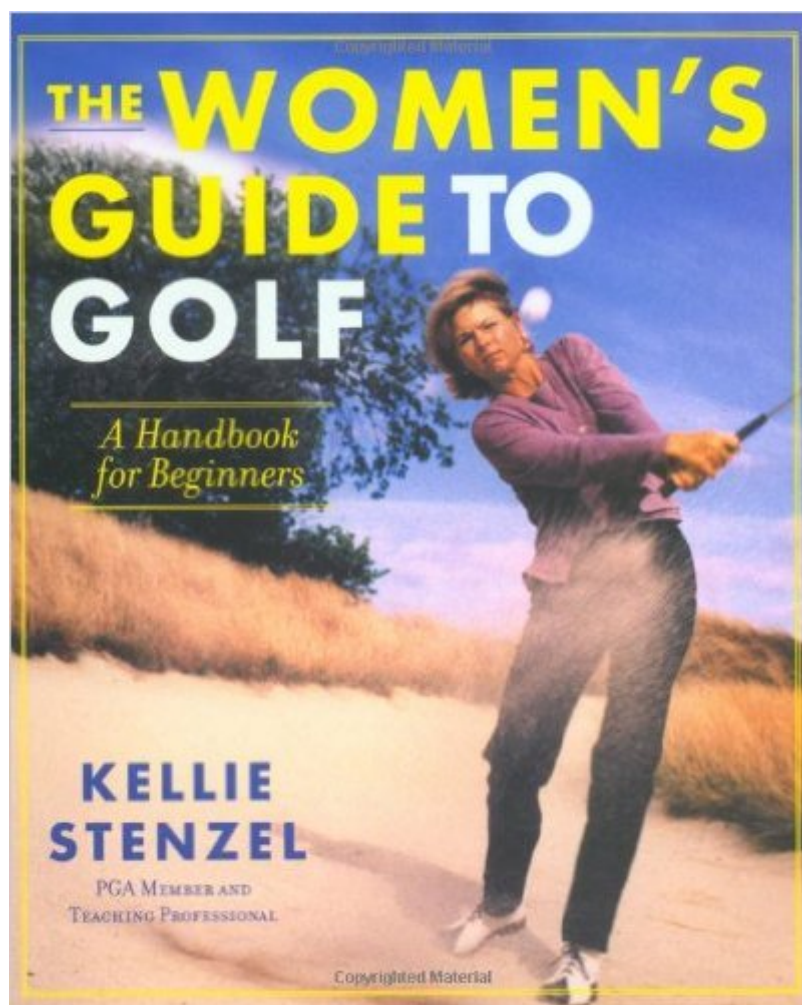


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# The Women's Guide To Golf: A Handbook For Beginners



## Synopsis

Throughout her teaching career, Kellie Stenzel has been continually asked to recommend a beginning golf instruction book for her female students to read. She researched the market and found nothing suitable--most books are too technical for the beginner and assume that the reader already has some familiarity with the game. This became the inspiration for *The Women's Guide to Golf*, a well-crafted and easy-to-understand golf instructional for women who are new to the game. Each section of the book provides a complete explanation of the skills needed to play golf. Ideas are presented in a clear and simple manner--golf lingo is translated into every-day English whenever possible so the reader can easily understand. Since students must have an idea of what they are trying to accomplish before they can learn, Kellie Stenzel starts at the very beginning and gives detailed explanations of basic concepts. For example, she explains what a putter looks like, what a putting green looks like, and what the goal of putting is, before teaching the reader how to putt. In addition, since women's learning style is very different from men's, this book also addresses specific women's issues, such as posture and lack of distance. This book includes- a thorough explanation of the game- easy-to-understand instructions- suggestions on how to avoid embarrassment as a beginner- simple ways to remember what you've read- great anecdotes from the author's experiences as a golfer and a teacher- over 75 black-and-white photos. *The Women's Guide to Golf* is one of the most accessible and comprehensive golf instructionals ever written for women--it is the perfect book for any woman who wants to learn the game.

## Book Information

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## Customer Reviews

If you know nothing about golf or just want a refresher course, this is, by far, the best book out there. Teaching pro Kellie Stenzel clearly aims this book at beginners, those afraid of being embarrassed on the course. In a friendly, forgiving tone (she even recommends that beginners take practice shots from traps), Garvin covers basic golf swing mechanics, rules, etiquette, lessons, cost-cutting, training aids, range practice, handicaps, gender discrimination, and even how to drive a golf cart. Her approach is "fake it 'til you make it";. Most useful are the cues or tips she gives her students to increase their success. Also unique is her discussion of dealing with the "Prince Charming Syndrome": men who give unsolicited advice to women golfers.

I purchased a "used" copy from and would highly recommend that others do the same. I paid \$2.00 for the hardcover and the book arrived in new condition. This is a beginning book and after a few rounds of golf or a few lessons you will have no further need for it. I am a beginning golfer and the book served its purpose and have since moved on. However, you cannot beat that \$2.00 price tag for a new book.

This book is a bible for those of us who have never held a club. Kellie gives you everything you need to get started by yourself and explains in plain language all the basics that you need. I reviewed a number of other books to help get me started without having to pay for golf lessons and I found this to be the best. I bought cheap clubs, Kellie's book and hit the driving ranges and putting greens. For someone who knows "nothing" about golf, doesn't have a "partner" and wants to play because she's fallen in love with the sport -- this is the book for you.

I used this book when I started to play. I have to say I learned a lot on the differences between lofts of clubs, rules and different balls to use. It really helped me when I didn't have a clue about golf. It explains good fundamental technique about the grip that was helpful. However, as I got better I read some other books on golf technique that really didn't help until this one called---"The Ultimate Golf Instruction Guide: Key Techniques for Becoming a Zero Handicap Golfer or Better" by Patrick Leonardi, ISBN---1933023090. Leonardi's book is so simple to follow and the technique described in this book is like no other book on golf instruction. It helped me to hit longer drives and hit more fairways. It even helped me to chip closer to the hole which made saving par much easier. Now when I play golf it is much more fun and I'm improving at a very fast pace.

If you are looking for the very vvvvvery basics this book is fine. It was a little too basic for me, I

wound up purchasing a different book.

My husband bought me this book for mothers day, I am very new to the game of golf. It helped me to overcome the intimidation factor that I felt when I first went to the golf course. It has also helped me shave strokes from my score, this book has been a wonderful asset to me. Tammy Sensabaugh

Well organized book. Definitely for beginners. If you have ANY prior knowledge of golf you might want to skip this one, you won't find any earth shattering info here. Also recommend, Gary Mccord's GOLF FOR DUMMIES, contains almost 400 pages of great info.

This book was just what I needed...the total basics spelled out in east-to-understand English, like what's the difference between a wood and an iron! Plus, I like the "Prince Charming" section and how to handle unsolicited advice.

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